

FAQ – TAD Bengaluru 2020

1. What are the various categories at the Fit I AM TAD 2020 and their distances?

- Triathlon Elite: Swim 300Mts - Cycle 20K - Run 5K
- Triathlon Amateur: Swim 200Mts – Cycle 10K – Run 5K
- Aquathlon Elite: Swim 200 Mts - Run 5K
- Aquathlon Amateur: Swim 50 Mts - Run 2.5K
- Duathlon Elite: Cycle 20K - Run 5K
- Duathlon Amateur: Cycle 10K - Run 2.5K
- Triathlon Relay (Team of 3): One member Swim (200mts) – One member Cycle (10K) – One member Run (5K)
- Maja Tri (Non-competitive - Untimed): Swim 50Mts – Cycle 5K – Run 2.5K

2. How can I register for Fit I AM TAD 2020?

You can register online at <https://fitiam.in/events/tad-bengaluru-2020-triathlon-aquathlon-duathlon/>

3. What is included in the registration fee?

- Participation
- Finisher Medal/Souvenir
- Timing chip (RFID)
- BIB
- E-timing certificate

4. What is the last date to register for TAD 2020?

June 15th, 2020.

5. Venue for TAD Bengaluru?

Signature Club Resort, Brigade Orchards Spinal Road, Devanahalli, Boodihal, Karnataka, India.

6. What are the race start times for each of the categories?

You will be emailed with your race timings.

Reporting time will also be announced on our FB page:

<https://www.facebook.com/events/593883718077091/>

7. Can I transfer my application in favor of another person?

No.

8. Can applications be cancelled?

No

9. Can I register for more than one race?

No

10. What medical precautions should I take for the event?

Consult your doctor and make sure you have his/her permission before participating. You will also be required to fill a Liability Waiver Form.

11. I don't have my cycle. Do I get a cycle on hire?

We have organized for few cycles to be available on rentals. You can book online for cycle rentals in advance at the same registration link on <https://fitiam.in/events/tad-bengaluru-2020-triathlon-aquathlon-duathlon/>

12. I don't have proper cycling costume and other accessories. Can I participate?

Yes. However, participants are encouraged to wear helmets during cycling leg for safety. Helmets will not be provided by cycle rental vendor.

13. Is there any condition for type of cycle to be used for the ride? Like geared or non-geared?

No. you can participate with any kind of cycle (geared/non-geared)

14. What is the depth of the pool?

4 feet to 6 feet.

15. Do I need to get my swimming costume?

Yes: Swim suit or Swim shorts

16. What are the medical facilities available on Race Day?

Ambulance will be stationed at the route. There will be doctors available for any emergency. In case of emergency you can reach out to our Volunteers and they will assist you.

17. What is the transition?

- Triathlon categories: Swim > Cycle > Run
- Aquathlon categories: Swim – Run
- Duathlon categories: Cycle – Run
- Triathlon Relay (Team of 3): One member Swim – One member Cycle – One member Run
- Maja Tri (Non-competitive – Untimed): Swim– Cycle– Run

18. Changing facility available?

Yes, changing facility is available. During the competition, you can immediately come out of the pool, put on your gear and continue with your cycling/running leg. You can keep all your required gear at the pool side.

19. Baggage facility available?

Yes, there will be a baggage counter. But please avoid carrying any valuables. Keep minimal small items at the baggage counter.

20. I have never participated in a Triathlon. Should I be worried?

Not at all. The idea of TAD is to provide a platform and encourage the sport. Come out, participate, have fun and make merry.

21. BIB/Kit distribution details?

BIB distribution will be held on:

Date: 20th June 2020 (Saturday)

Time: 11 a.m. to 1 p.m.

2 p.m. to 4 p.m.

Venue: To be announced

22. Minimum age for participation?

Minimum age for participation is 6 years. There is no maximum age limit. Minors will be required to obtain sign off from their parents on consent form.

23. Will the races and winners will be announced as per age category?

No, all the races and winners will be in General category.

24. What are the prizes for winners?

Winners (1st and 2nd place) will get a shiny winner trophy, certificates and partner gift vouchers.

25. When will the timings be announced and how will the e-timing certificates be made available?

Timings for all participants will be announced on www.fitiam.in and our Facebook page

<https://www.facebook.com/fitiam.in/> in 48 hours post completion of the event.

26. Can I volunteer for TAD 2020?

Yes. Mail us on <https://forms.gle/ELLNh5hnZFR1YUT57>

27. In case of further doubts, whom do I contact?

Email: info@fitiam.in

Mobile: 9158597641